

THIV March E-blast

Dates for your calendar:

Committee Meetings: Committee meetings are open to all residents. Please contact the Chair ahead of time if you plan to attend to allow ample seating.

Architectural Committee Meetings:

Chair, Jean Otto, jeanotto99@gmail.com

Every first Monday at 10 AM, 661 Rubies. If you have a project brewing and would like to run it past the committee, this would be a good time for that.

Finance Committee Meetings:

Chair, Gary Anderson, g.andrsn@gmail.com

March 23, 501 Lazo; 3:30 PM

April 20, 511 Lazo; 3:30 PM

May 18, 511 Lazo; 3:30 pm

Board meetings:

First Thursday of the month at 9:00 AM except this month. The March meeting will be held by Zoom on March 9 at 9:00 AM. Contact Julie Reppenhagen if you wish to attend by Zoom.

MEMBER SERVICES EVENTS

Contact Person: Meg Marshall, laker43@gmail.com

On April 7 at 4 PM, you are all invited to gather at Manny's Park for the kickoff of **Friendly First Fridays** (aka Happy Hour). Seating is limited, so bring a chair, BYOBeverage, and a simple snack, optional (chips, pretzels, nuts, etc). Meet some new friends from THIV and enjoy what we hope will be overdue glorious spring weather.

On April 13 at 11:00 AM, come to the park for **Laughter Yoga**. Please bring water and a chair, since seating at the park is limited. Don't worry: no yoga mats, no poses, no lying on the ground, just laughter exercises with yoga breathing techniques. The exercises are super easy, playful, joyful and designed to lead us into belly laughter. It benefits our immune and cardiac systems, creates positive energy, clears stagnant energy, releases stress and tension, helps lower blood pressure and makes us feel happier. Laughter yoga has been proven beneficial in treating PTSD, depression, chronic illness and other cases. Will you feel a little goofy? Yep, but just look at the other goofy folks around you

and you may even laugh harder. It may sound weird to you, but please give it a try. Jennifer Zielke, Certified Laughter Yoga Instructor, will lead the session.

New Resident Gatherings

Before COVID, THIV held **new resident welcome gatherings**, one in the fall and one in the spring. Due to the arrival of COVID in 2020, these events were canceled. If you purchased your residence in 2020 or later and would like to attend a "Catch-Up" welcome session, contact Meg Marshall, 715-225-7533, laker43@gmail.com. We plan to hold these informal sessions at the end of March. When we know how many would like to be included, we will contact you with more details. Please contact us ASAP so we can better plan for this event.

Member Services welcomes ideas of events you would like to see offered. Contact Meg Marshall, 715-225-7533, laker43@gmail.com.

JOLT (Just One Little Thing)

We know that many of you have no interest in serving on a committee or on the Board. But would you be willing to do **just one little thing** to help out one of our committees?

Examples:

- Bake treats for various events
- Provide welcome visits to new residents
- Help prepare welcome packets for new residents
- Help set up events or clean up afterwards
- Spend a couple of hours helping with landscaping projects
- Visit lonely neighbors
- Help with occasional heavy lifting

Contact Bonnie Mott to join our **JOLT** team. 520-282-9371

Announcing 2023-2024 Board Members

Julianne Reppenhagen, President	jrepp@snet.net
Martin Klotz, Vice President	TH4.HOA.treasurer@gmail.com
Dave Nank, Secretary	bpdret12@cox.net
Martin Klotz, Treasurer	TH4.HOA.treasurer@gmail.com
Pat Large	pal1028@hotmail.com
Jean Otto	jeanotto99@gmail.com
Jennifer Zielke	jennizielke@outlook.com
Ellen Riddle	ariddle4you@gmail.com
Dan DeWolf	dandewolf1955@hotmail.com
Marilyn Kern	marilynjoankern@gmail.com

Committee chairs and members can be found on our website.